

October 2026



Mulvane Miles Walking Challenge



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Walking Challenge Directions: 1. If you haven't registered scan the QR code to do so. 2. Log your miles on this calendar; Your goal is 5 miles/week 3. Turn in this calendar by 10/31/26 to be entered for pizes.			1	2	3	4
						Miles Total:
5	6	7	8	9	10	11
						Miles Total:
12	13	14	15	16	17	18
						Miles Total:
19	20	21	22	23	24	25
						Miles Total:
26	27	28	29	30	31	
					Miles Total:	



Participants with no active membership can receive 20% off their first membership by 11/16/26