



Position Title: Group Fitness Instructor - Yoga
Reports To: MRC Assistant Director
Classification: W9 Contract
Hours: Varies based on program needs

About the Mulvane Recreation Commission

The Mulvane Recreation Commission (MRC) serves the citizens of USD 263 by providing quality, affordable recreation programs that invite participation, build relationships, and enhance lives.

Who We Are Looking For

We are seeking individuals who:

- Enjoy working with people of all ages
- Demonstrate professionalism and reliability
- Represent MRC positively within the community
- Are team-oriented and willing to support other departments
- Value safety, inclusion, and quality service
- Can follow policies while maintaining a positive participant experience

This position is ideal for someone dependable, flexible, and motivated to make a positive impact in the Mulvane community.

Position Summary

An MRC Yoga Instructor will lead safe, engaging, and high-quality yoga classes for participants of varying skill and fitness levels while providing excellent customer service to members and guests. The instructor will create a welcoming and positive environment that promotes physical well-being, mindfulness, flexibility, and healthy living in accordance with the Mulvane Recreation Commission mission.

Essential Job Duties

1. Lead quality yoga classes in a professional and inclusive manner for participants of various ages and fitness levels.
2. Arrive prepared to instruct each class, ensuring all equipment, props, music (if applicable), and class materials are organized and appropriate for the audience and format.
3. Provide clear instruction, demonstrations, modifications, and alignment cues to ensure participant safety and success.
4. Monitor and ensure the well-being of all participants throughout each class, adapting instruction as needed.
5. Maintain current knowledge of yoga practices, wellness trends, and industry standards to provide effective instruction and guidance.
6. Foster a welcoming, supportive, and positive environment that encourages participation and personal growth.
7. Enforce all MRC policies and rules to ensure a safe and positive experience for all participants.
8. Assist in the cleaning, organization, and general maintenance of the fitness studio and yoga equipment.
9. Keep accurate class attendance records.
10. Represent the Mulvane Recreation Commission in a professional manner and promote wellness initiatives and programs.

Essential Job Requirements

- Ability to work assigned schedule, including evenings and weekends if required
- Ability to stand, walk, bend, and lift up to 50 pounds
- Ability to supervise individuals and/or groups in active recreational settings
- Ability to respond calmly and appropriately in emergency situations
- Reliable transportation
- Commitment to uphold MRC mission, policies, and core values
- Ability to maintain confidentiality of participant and employee information

Qualifications

- Must be at least 18 years old.
- Must possess a recognized Yoga Instructor certification (e.g., Yoga Alliance RYT or equivalent).
- Previous yoga teaching experience preferred.
- First Aid, CPR, and AED certification required or must be obtained within 90 days of employment.
- Ability to use required technology systems (Ameilia, Connecteam, etc., if applicable)

This job description is not intended to be an exhaustive list of all responsibilities, duties, or qualifications associated with the position.

Mulvane Recreation Commission is an at-will employer. Employment may be terminated at any time by the employee or MRC, with or without cause, consistent with applicable law.

MRC is an Equal Opportunity Employer and does not discriminate based on race, color, religion, sex, national origin, age, disability, sexual orientation, gender identity, or any other protected status under applicable law.

All employment is contingent upon successful completion of required background checks and compliance with MRC policies and procedures.